

## CURRICULUM VITAE

Name: REDACTED

D.O.B: REDACTED

Address: REDACTED

Mobile No. : REDACTED

### **Qualifications:**

#### *Tennis & Fitness:*

TA (Tennis Assistant) Certificate (2003)

SAQ (Speed, Agility, Quickness) Certificate (2003)

LTA DCA (Level 3) Tennis Coaching Qualification (2003)

LTA CCA (Level 4) Tennis Coaching Qualification (2005)

#### *College:*

Advanced Sports Therapy Diploma (2003)

Diploma In Sports Therapy (2002)

Foundation Certificate in Health & Fitness Studies (2002)

-YMCA Gym Certificate Level 1 & 2 (2002)

-YMCA Exercise & Fitness Knowledge Level 1 & 2 (2002)

VTCT Key Skills Level 1 in Information Technology (2002)

I am computer literate using my skills daily having completed a secretarial course in Cyprus between 2000 and 2001.

#### *School:*

A School Leaving Certificate (2000) Grade 89 and 4/7%

Level English Literature (2000) Grade D

A Level Biology (2000) Grade D

A Level Physics (2000) Grade E  
A Level Modern Greek (1999) Grade C  
O Level Chemistry (1998) Grade B  
O Level Geography (1998) Grade B  
O Level Mathematics (1998) Grade C  
O Level Physics (1998) Grade C  
O Level English Language (1997) Grade A

I am bilingual English/Greek languages.

Completed a one day interpreting course in April 2016

*Tennis Clubs I have worked at:*

*Sep 2000-July 2001 at Eleon Tennis Club Cyprus (mini tennis coaching and office tennis admin in the mornings.)*

May 2002-July 31st 2009 at Sutton Coldfield Tennis Club (SCTC)

August 2009-Oct 31<sup>st</sup> 2009 David Lloyds Birmingham

Nov 2009-April 2016 REDACTED Lawn Tennis Club

April 2016-present REDACTED tennis club

Sep 2016-May 2017- coached part-time at REDACTED

While I worked at SCTC, in 2008 I also practised my Sports massage treatments for about a year and continued part time until 2012. I also carried out the gym inductions. My main passion though, is tennis coaching of all ages. I have worked and still work with tots, mini tennis in all stages i.e red, orange and green levels up to teenagers and adults group and individual work. I have the Cardio tennis qualification (2009) also but have only carried out a few sessions.

During my tennis coaching experience at SCTC, I had the opportunity to go on two training camps to La Manga Resort in Spain, working alongside Chris Johnson, Alan Jones and Jo Durie teaching juniors. I also took two 12 year old boys to Germany, Wolfsburg to play a tournament. It was enjoyable and a learning curve to say the least.

At SLTC, I had the role of school co-ordinator. I have gone into schools sharing my knowledge of tennis further and spreading the love and fun of the game. It has also helped increase the junior membership of the club. This is in addition to assisting Head Coach Neil Goldsby, in the junior coaching programme at the club and my individual sessions. I have also helped run Summer Camps and club events such as, Open Days.

When I lived in Cyprus (1984-2001) I began playing tennis at 13 years old in September 1994 and was totally hooked. When I left in September 2001, I was ranked 4<sup>th</sup> in the ladies category. I still enjoy competitive tennis (I played in the first teams of any club I have worked at-reached two NCL finals in Bournemouth with my SCTC team) but my priority is coaching.

I take yearly CPD (Continuous Professional Development) LTA coaching courses to keep up to date with the modern tennis game and to have continuous knowledge and learning to help my pupils further.